



## POST-OPERATIVE MEDICATIONS TRACKER

Medication	Prescribed For	Dosage
Anti-inflammatory (Motrin / Ibuprofen)	Anti-Inflammatory	Take 1 tablet 3 x per day, every 8 hours Begin within 2 hours after dismissal
Narcotic Pain Relief (Norco / Hydrocodone)	Pain Management	Take 1-2 tablets every 4-6 hours Begin 1 hour after anti-inflammatory
Phenergan (Promethazine) / Zofran (ondansetron)	Nausea or Vomiting	Take 1 tablet every 4-6 hours as needed
Antibiotic	Prevent Infection	Take as prescribed, beginning the night of surgery

DAY ONE				
Medication	1 <sup>ST</sup> DOSE	2 <sup>ND</sup> DOSE	3 <sup>RD</sup> DOSE	4 <sup>TH</sup> DOSE
Anti-inflammatory (Motrin / Ibuprofen)	: am/pm	: am/pm	: am/pm	X
Narcotic Pain Relief (Norco / Hydrocodone)	: am/pm	: am/pm	: am/pm	: am/pm
Phenergan (Promethazine) / Zofran (ondansetron)	: am/pm	: am/pm	: am/pm	: am/pm
Antibiotic	: am/pm	: am/pm	: am/pm	X

DAY TWO				
Medication	1 <sup>ST</sup> DOSE	2 <sup>ND</sup> DOSE	3 <sup>RD</sup> DOSE	4 <sup>TH</sup> DOSE
Anti-inflammatory (Motrin / Ibuprofen)	: am/pm	: am/pm	: am/pm	X
Narcotic Pain Relief (Norco / Hydrocodone)	: am/pm	: am/pm	: am/pm	: am/pm
Phenergan (Promethazine) / Zofran (ondansetron)	: am/pm	: am/pm	: am/pm	: am/pm
Antibiotic	: am/pm	: am/pm	: am/pm	X



<b>DAY THREE</b>				
<b>Medication</b>	<b>1<sup>ST</sup> DOSE</b>	<b>2<sup>ND</sup> DOSE</b>	<b>3<sup>rd</sup> DOSE</b>	<b>4<sup>th</sup> DOSE</b>
Anti-inflammatory (Motrin / Ibuprofen)	: am/pm	: am/pm	: am/pm	X
Narcotic Pain Relief (Norco / Hydrocodone)	: am/pm	: am/pm	: am/pm	: am/pm
Phenergan (Promethazine) / Zofran (ondansetron)	: am/pm	: am/pm	: am/pm	: am/pm
Antibiotic	: am/pm	: am/pm	: am/pm	X

<b>DAY FOUR</b>				
<b>Medication</b>	<b>1<sup>ST</sup> DOSE</b>	<b>2<sup>ND</sup> DOSE</b>	<b>3<sup>rd</sup> DOSE</b>	<b>4<sup>th</sup> DOSE</b>
Anti-inflammatory (Motrin / Ibuprofen)	: am/pm	: am/pm	: am/pm	X
Narcotic Pain Relief (Norco / Hydrocodone)	: am/pm	: am/pm	: am/pm	: am/pm
Phenergan (Promethazine) / Zofran (ondansetron)	: am/pm	: am/pm	: am/pm	: am/pm
Antibiotic	: am/pm	: am/pm	: am/pm	X

<b>DAY FIVE</b>				
<b>Medication</b>	<b>1<sup>ST</sup> DOSE</b>	<b>2<sup>ND</sup> DOSE</b>	<b>3<sup>rd</sup> DOSE</b>	<b>4<sup>th</sup> DOSE</b>
Anti-inflammatory (Motrin / Ibuprofen)	: am/pm	: am/pm	: am/pm	X
Narcotic Pain Relief (Norco / Hydrocodone)	: am/pm	: am/pm	: am/pm	: am/pm
Phenergan (Promethazine) / Zofran (ondansetron)	: am/pm	: am/pm	: am/pm	: am/pm
Antibiotic	: am/pm	: am/pm	: am/pm	X